

Trans-Specific Power and Control Tactics

	Tactics Used Against Trans Partners	Tactics used By Trans Partners
Safety. Outing. Disclosure.	<ul style="list-style-type: none"> ▪ Threatening to “out” you to your employer, friends, or family members ▪ Threatening to take the children or turn them against you 	<ul style="list-style-type: none"> ▪ Threatening to tell your family, friends, employers that you aren't who you say you are (e.g. straight, lesbian...) ▪ Turning the children against you
Community attitudes	<ul style="list-style-type: none"> ▪ Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer.... ▪ Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you ▪ Stating you would harm the LGB and/or T community if you exposed what was happening 	<ul style="list-style-type: none"> ▪ Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer.... ▪ Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you ▪ Stating you would harm the LGB and/or T community if you exposed what was happening ▪ Using "cisgender" as a slur and insult
Gender stereotypes (& transphobia)	<ul style="list-style-type: none"> ▪ Telling you they thought you liked “rough sex” or “this is how real men/women like sex” ▪ Declaring you are not a real man/woman ▪ Telling you that nobody will ever love you ▪ Telling you that you don't deserve better and/or would never find a better partner ▪ Claiming they know what's best for you, how you should dress or wear makeup (or not) etc. 	<ul style="list-style-type: none"> ▪ Claiming they are just being “butch” or that “it's the hormones” (to explain their violent behavior) ▪ Telling you that there is no way to have safer sex with trans bodies, so you'll have to have unprotected sex ▪ Threatening suicide, especially while reminding you of how many trans people commit suicide ▪ Demanding greater share of clothing/grooming funds because their safety is at stake ▪ Claiming they make a better or more attractive man or woman than you do

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Using or undermining identity	<ul style="list-style-type: none"> Using pronouns not preferred by you or calling you “it” Calling you pejorative names Ridiculing how your body looks Telling you that nobody would believe you because you’re transgender 	<ul style="list-style-type: none"> Accusing you of not allowing hir to have a “proper adolescence” Claiming that your identity “undermines” or is “disrespectful” of theirs Stating that trans people are superior because they don’t limit themselves to a restrictive binary and sex role stereotypes
Violating boundaries	<ul style="list-style-type: none"> Eroticizing/fetishizing your body against your will Touching parts of your body you don’t want touched, or using terms about your body they know you find offensive Forbidding you to talk to others about transgender topics 	<ul style="list-style-type: none"> Denying that you are affected by transition or by being partnered with a trans person Charging you with “not being supportive” if you ask to discuss questions of transitioning timing and/or expense Forbidding you to talk to others about transgender topics
Restricting access	<ul style="list-style-type: none"> Denying access to medical treatment or hormones, or coercing you to not pursue medical treatment Hiding or throwing away hormones, clothes, prosthetics, or other trans-specific items Negating your personal decisions Controlling finances to not allow for purchase of hormones, surgery, clothes, make up, prosthetics 	<ul style="list-style-type: none"> Not allowing you to talk to or see your friends Denying access to parts of the house or apartment (where hormones or clothes may be stored) Negating your personal decisions Controlling finances in order to prioritize paying for hormones, surgery, trans-related items (even if risking not paying for rent, food or mutual expenses)

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